

Recommendations for Best Practices in Transition: A Timeline

AGES 14 TO 15

- Familiarize yourself with the high school and transition process
- Have psychological evaluation completed or updated (should be completed every three years or every two years if you have an intellectual disability)
- If diagnosed with an intellectual disability
 - Register for Intellectual disAbility Services (IDS) 215-685-4677 and choose Supports Coordination Organization
 - Meet with your Supports Coordinator and get to know them. Begin to develop Individualized Service Plan (ISP)
 - Invite your Supports Coordinator to your IEP meeting with as much notice as possible
- Develop your Transition Plan in your IEP which may contain some or all of the following:
 - Postsecondary Education
 - Independent Living Skills
 - Establish expectation of work and plan for community based work assessments
 - Pursue job experiences and individualized community based internships and community service experiences
- Students are eligible for working papers at age 14 and can get them in the school main office.
- Investigate local parent transition groups
- Explore eligibility for Medical Assistance if not currently receiving benefits.
 - If you have a supports coordinator or case manager request assistance if necessary
- Begin to collect:
 - Social Security Card
 - Birth Certificate
 - Medical Assistance Card
 - State ID (eligible at age 10)
 - Old school records and medical information and keep them current

AGES 16 TO 17

- Check with IEP team that Multi Disciplinary Evaluation is current
 - Psychological, adaptive behavior assessment or individualized testing as needed
- Continue to pursue job experiences and individualized community based internships
- Discuss with IEP team options for years 18 to 21
- Continue to pursue paid work experiences in the community
- Explore post secondary education opportunities
- Revisit transition plan in your IEP and make sure it has current achievable goals

AGE 18

- Can apply for Social Security Benefits on your own without parent resources being considered.
- If already receiving Social Security benefits you must complete redetermination paperwork
- All males need to register for Selective Service (registration at post office or online at www.sss.gov)
- Continue to pursue paid work experiences in the community
- Options at graduation time
 - Earned graduation credits or have met IEP goals to collect diploma

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- o Individuals with an IEP can plan for alternative education options and collect certificate instead of diploma to walk with their peers at graduation.
- o Diploma to be awarded the year they turn 21
- Revisit transition plan in your IEP and make sure it has current achievable goals

ONE YEAR BEFORE LEAVING SCHOOL

- Apply for Office of Vocational Rehabilitation Services (OVR) 215-560-1900
- Continue career exploration
- Get after school and/or summer paid employment
- If receiving SSI from Social Security use Student Earned Income Exclusion (SEIE)
- Expand on internship opportunities in areas of interest not already explored
- Revisit transition plan in your IEP and make sure it has current achievable goals

WHAT 18 TO 21 EDUCATION CAN LOOK LIKE

- Academic support can take place outside of traditional setting in the community
- Supported paid employment
- Supported internships or apprenticeships
- Supported post-secondary educational experiences
- School can be full time or part time: it is individualized in your IEP for your needs

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